



# exposure

2025



# January 2025

<b>1</b>	Wed	New Year's Day
<b>2</b>	Thu	Bank Holiday (Scotland)
<b>3</b>	Fri	
<b>4</b>	Sat	
<b>5</b>	Sun	
<b>6</b>	Mon	Wk 2
<b>7</b>	Tue	
<b>8</b>	Wed	
<b>9</b>	Thu	
<b>10</b>	Fri	
<b>11</b>	Sat	
<b>12</b>	Sun	
<b>13</b>	Mon	Wk 3
<b>14</b>	Tue	
<b>15</b>	Wed	
<b>16</b>	Thu	
<b>17</b>	Fri	
<b>18</b>	Sat	
<b>19</b>	Sun	
<b>20</b>	Mon	Wk 4
<b>21</b>	Tue	
<b>22</b>	Wed	
<b>23</b>	Thu	
<b>24</b>	Fri	
<b>25</b>	Sat	
<b>26</b>	Sun	
<b>27</b>	Mon	Wk 5
<b>28</b>	Tue	
<b>29</b>	Wed	
<b>30</b>	Thu	
<b>31</b>	Fri	

## December 24

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<sup>23/30</sup>	<sup>24/31</sup>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

## February

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>		



# February 2025

1	Sat	
2	Sun	
3	Mon	Bank Holiday (Ere) Wk 6
4	Tue	
5	Wed	
6	Thu	
7	Fri	
8	Sat	
9	Sun	
10	Mon	Wk 7
11	Tue	
12	Wed	
13	Thu	
14	Fri	
15	Sat	
16	Sun	
17	Mon	Wk 8
18	Tue	
19	Wed	
20	Thu	
21	Fri	
22	Sat	
23	Sun	
24	Mon	Wk 9
25	Tue	
26	Wed	
27	Thu	
28	Fri	

January							March						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			<sup>24</sup> / <sub>31</sub>	25	26	27	28	29	30



# March 2025

<b>1</b>	Sat	St David's Day (Wales)
<b>2</b>	Sun	
<b>3</b>	Mon	Wk 10
<b>4</b>	Tue	
<b>5</b>	Wed	
<b>6</b>	Thu	
<b>7</b>	Fri	
<b>8</b>	Sat	
<b>9</b>	Sun	
<b>10</b>	Mon	Wk 11
<b>11</b>	Tue	
<b>12</b>	Wed	
<b>13</b>	Thu	
<b>14</b>	Fri	
<b>15</b>	Sat	
<b>16</b>	Sun	
<b>17</b>	Mon	St Patrick's Day (BH N Ireland & Eire) Wk 12
<b>18</b>	Tue	
<b>19</b>	Wed	
<b>20</b>	Thu	
<b>21</b>	Fri	
<b>22</b>	Sat	
<b>23</b>	Sun	
<b>24</b>	Mon	Wk 13
<b>25</b>	Tue	
<b>26</b>	Wed	
<b>27</b>	Thu	
<b>28</b>	Fri	
<b>29</b>	Sat	
<b>30</b>	Sun	BST Starts
<b>31</b>	Mon	Wk 14

## February

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>		

## April

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>				



# April 2025

1	Tue	
2	Wed	
3	Thu	
4	Fri	
5	Sat	
6	Sun	
7	Mon	Wk 15
8	Tue	
9	Wed	
10	Thu	
11	Fri	
12	Sat	
13	Sun	
14	Mon	Wk 16
15	Tue	
16	Wed	
17	Thu	
18	Fri	Good Friday
19	Sat	
20	Sun	
21	Mon	Easter Monday Wk 17
22	Tue	
23	Wed	St George's Day (England)
24	Thu	
25	Fri	
26	Sat	
27	Sun	
28	Mon	Wk 18
29	Tue	
30	Wed	

## March

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

24/31



# May 2025

1	Thu	
2	Fri	
3	Sat	
4	Sun	
5	Mon	Bank Holiday Wk 19
6	Tue	
7	Wed	
8	Thu	
9	Fri	
10	Sat	
11	Sun	
12	Mon	Wk 20
13	Tue	
14	Wed	
15	Thu	
16	Fri	
17	Sat	
18	Sun	
19	Mon	Wk 21
20	Tue	
21	Wed	
22	Thu	
23	Fri	
24	Sat	
25	Sun	
26	Mon	Bank Holiday Wk 22
27	Tue	
28	Wed	
29	Thu	
30	Fri	
31	Sat	

## April

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## June

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24	25	26	27	28	29



# June 2025

<b>1</b>	Sun	
<b>2</b>	Mon	Bank Holiday (Eire) Wk 23
<b>3</b>	Tue	
<b>4</b>	Wed	
<b>5</b>	Thu	
<b>6</b>	Fri	
<b>7</b>	Sat	
<b>8</b>	Sun	
<b>9</b>	Mon	Wk 24
<b>10</b>	Tue	
<b>11</b>	Wed	
<b>12</b>	Thu	
<b>13</b>	Fri	
<b>14</b>	Sat	
<b>15</b>	Sun	
<b>16</b>	Mon	Wk 25
<b>17</b>	Tue	
<b>18</b>	Wed	
<b>19</b>	Thu	
<b>20</b>	Fri	
<b>21</b>	Sat	Longest Day
<b>22</b>	Sun	
<b>23</b>	Mon	Wk 26
<b>24</b>	Tue	
<b>25</b>	Wed	
<b>26</b>	Thu	
<b>27</b>	Fri	
<b>28</b>	Sat	
<b>29</b>	Sun	
<b>30</b>	Mon	Wk 27

## May

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



# July 2025

1	Tue	
2	Wed	
3	Thu	
4	Fri	
5	Sat	
6	Sun	
7	Mon	Wk 28
8	Tue	
9	Wed	
10	Thu	
11	Fri	
12	Sat	
13	Sun	
14	Mon	Bank Holiday (N Ireland) Wk 29
15	Tue	
16	Wed	
17	Thu	
18	Fri	
19	Sat	
20	Sun	
21	Mon	Wk 30
22	Tue	
23	Wed	
24	Thu	
25	Fri	
26	Sat	
27	Sun	
28	Mon	Wk 31
29	Tue	
30	Wed	
31	Thu	

## June

## August

Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1					1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
<sup>23/30</sup> 24	25	26	27	28	29		25	26	27	28	29	30	31





# August 2025

1	Fri	
2	Sat	
3	Sun	
4	Mon	Bank Holiday (Scotland & Eire) Wk 32
5	Tue	
6	Wed	
7	Thu	
8	Fri	
9	Sat	
10	Sun	
11	Mon	Wk 33
12	Tue	
13	Wed	
14	Thu	
15	Fri	
16	Sat	
17	Sun	
18	Mon	Wk 34
19	Tue	
20	Wed	
21	Thu	
22	Fri	
23	Sat	
24	Sun	
25	Mon	Bank Holiday (Excl. Scotland) Wk 35
26	Tue	
27	Wed	
28	Thu	
29	Fri	
30	Sat	
31	Sun	

## July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



# September 2025

1	Mon	Wk 36
2	Tue	
3	Wed	
4	Thu	
5	Fri	
6	Sat	
7	Sun	
8	Mon	Wk 37
9	Tue	
10	Wed	
11	Thu	
12	Fri	
13	Sat	
14	Sun	
15	Mon	Wk 38
16	Tue	
17	Wed	
18	Thu	
19	Fri	
20	Sat	
21	Sun	
22	Mon	Wk 39
23	Tue	
24	Wed	
25	Thu	
26	Fri	
27	Sat	
28	Sun	
29	Mon	Wk 40
30	Tue	

## August

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## October

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



# October 2025

1	Wed	
2	Thu	
3	Fri	
4	Sat	
5	Sun	
6	Mon	Wk 41
7	Tue	
8	Wed	
9	Thu	
10	Fri	
11	Sat	
12	Sun	
13	Mon	Wk 42
14	Tue	
15	Wed	
16	Thu	
17	Fri	
18	Sat	
19	Sun	
20	Mon	Wk 43
21	Tue	
22	Wed	
23	Thu	
24	Fri	
25	Sat	
26	Sun	BST Ends
27	Mon	Bank Holiday (Eire) Wk 44
28	Tue	
29	Wed	
30	Thu	
31	Fri	

## September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## November

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



# November 2025

<b>1</b>	Sat	
<b>2</b>	Sun	
<b>3</b>	Mon	Wk 45
<b>4</b>	Tue	
<b>5</b>	Wed	
<b>6</b>	Thu	
<b>7</b>	Fri	
<b>8</b>	Sat	
<b>9</b>	Sun	
<b>10</b>	Mon	Wk 46
<b>11</b>	Tue	
<b>12</b>	Wed	
<b>13</b>	Thu	
<b>14</b>	Fri	
<b>15</b>	Sat	
<b>16</b>	Sun	
<b>17</b>	Mon	Wk 47
<b>18</b>	Tue	
<b>19</b>	Wed	
<b>20</b>	Thu	
<b>21</b>	Fri	
<b>22</b>	Sat	
<b>23</b>	Sun	
<b>24</b>	Mon	Wk 48
<b>25</b>	Tue	
<b>26</b>	Wed	
<b>27</b>	Thu	
<b>28</b>	Fri	
<b>29</b>	Sat	
<b>30</b>	Sun	St Andrew's Day (Scotland)

## October

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## December

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



# December 2025

1	Mon	Wk 49
2	Tue	
3	Wed	
4	Thu	
5	Fri	
6	Sat	
7	Sun	
8	Mon	Wk 50
9	Tue	
10	Wed	
11	Thu	
12	Fri	
13	Sat	
14	Sun	
15	Mon	Wk 51
16	Tue	
17	Wed	
18	Thu	
19	Fri	
20	Sat	
21	Sun	Shortest Day
22	Mon	Wk 52
23	Tue	
24	Wed	
25	Thu	Christmas Day
26	Fri	Boxing Day
27	Sat	
28	Sun	
29	Mon	Wk 1
30	Tue	
31	Wed	

## November

## January 26

Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30	31	